



## Sample menu

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### Breakfast

Cooked Breakfast  
Selection of cereals and porridge  
Toast and preserves  
Yoghurts and fresh fruit  
Tea, coffee and fresh fruit juices

### Lunch

Tomato and Mozzarella Salad with basil dressing  
or  
Chicken and Bacon Terrine with onion chutney and toast  
Roast Loin of Pork with apple sauce and crispy crackling  
with a sage and onion stuffing  
or  
Tender Lamb and Mint Casserole with herb dumplings  
Served with seasonal vegetables and potato accompaniment  
Profiteroles in chocolate sauce or Mango and Pineapple Mousse

### Evening meal

Homemade Broccoli and Stilton Soup  
Selection of fresh sandwiches  
Cumberland Sausages with cheddar mash and onion gravy  
Chocolate Bread and Butter Pudding with custard  
Selection of homemade cakes

An alternative menu is also on offer for lighter meals  
All dietary requirements are catered for  
This sample menu is representative of a typical day