



## Breakfast

Cooked Breakfast

Selection of cereals and porridge

Toast and preserves

Yoghurts and fresh fruit

Tea, coffee and fruit juices

## Lunch

Sausage and Onion Puff Pastry Plait with rich onion gravy

or

Homemade Fish Pie with a chive mash topping glazed with cheese

Served with seasonal vegetables and potato accompaniment

Chocolate Fudge Cake or Strawberry and Raspberry Fool

## Evening meal

Homemade Vegetable Broth

Selection of fresh sandwiches

Homemade Cornish Pasties with sauté potatoes and garden peas

Banoffee Pie, fresh fruit or yoghurt

An alternative menu is also on offer for lighter meals

All dietary requirements are catered for

This sample menu is representative of a typical day

