



Breakfast

Cooked Breakfast

Selection of cereals and porridge

Toast and preserves

Yoghurts and fresh fruit

Tea, coffee and fruit juices

Lunch

Spaghetti Bolognese with garlic bread

or

Chicken Wrapped in Bacon with a white wine and herb sauce

Served with seasonal vegetables and potato accompaniment

Sherry Trifle with fresh cream or Apple Charlotte

Evening meal

Homemade Cauliflower Soup

Selection of fresh sandwiches

Homemade Salmon Fishcakes with tartare sauce, chips and salad

Pineapple Upside Down Cake with custard

An alternative menu is also on offer for lighter meals

All dietary requirements are catered for

This sample menu is representative of a typical day

